

SENIOR CARE PROGRAM

Helping Seniors Age Independently



HOW CAN WE HELP? The Marion County Public Health Department's (MCPHD) Senior Care Program aims to assist older adults in Marion County to live safely and independently in their own homes and communities. The program focuses on addressing home environmental factors likely to impede the senior's independent living status, thereby helping older adults remain independent in their homes longer. The program is especially designed for those with a higher than average risk for falls or a poorly controlled respiratory disorder such as asthma or COPD.

THE SENIOR CARE PROGRAM PROVIDES AT NO COST:

Group Lessons: Community based sessions to address many issues concerning older adults' health and well-being

- Contact us to learn about the variety of lessons available or to work with the MCPHD Senior Program to bring these lessons to a group of older adults

Healthy Homes Assessments: Individual in-home assessments of home environment to identify health/safety hazards.

Care Management for Seniors (4-12 weeks):

- Individual in-home health and safety risk assessments
- Customized education and resource referrals to address health and safety issues found in the older adults' home environments
- Low cost home environment modifications to alleviate fall hazards and respiratory distress triggers

Care Management for Seniors will also provide education and referrals for other conditions identified during the program that are likely to contribute to loss of independent living status.

76% OF OLDER ADULTS AGREE THAT THEY WANT TO AGE IN THEIR OWN HOMES, (AARP)



GROUP SESSIONS AVAILABLE TO ADDRESS:

Falls • Respiratory Concerns • Extreme Temperatures
Home Safety • Hunger • Isolation • Technology
Unintentional Poisonings • Mental Health



HEALTHY HOMES

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